Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 18 Jul 2022 until 23:59 on Tuesday 19 Jul 2022

Forecast Issued on Monday 18 Jul 2022 at 02:06 by Met Office Aberdeen

Confidence: High for mainly dry warm weather at first. Lower confidence for the timing of breakdown later on Tuesday Wednesday but high for cooler fresher conditions from Wednesday onwards

Headline for Monday 18 Jul 2022: Dry with some sunny spells and becoming very warm or hot. Risk of sunburn, dehydration and heat exhaustion.

Mountain weather hazards on Monday 18 Jul 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny	Sunny	Cloudy	Cloudy
Precipitation probability					
10%	10%	00%	00%	00%	<05%

Forecast for Monday 18 Jul 2022

Weather: Long sunny spells then developing as the high cloud clears away to the north through the morning, and any mist in eastern glens also clearing. A chance of low cloud drifting up to southern Skye foothills later.

Chance of cloud-free hill tops above 800m: 90%

Low cloud and visibility: Mostly good visibility, but locally poor in eastern glens at first and on some coastal foothills later.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 18 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	13/15 S	12/16 S	13/19 S	12/18 SW	17/22 SW	19/24 SW	20/25 S
900	10/12 S	10/14 S	13/18 S	12/18 SW	15/20 SW	16/20 SW	17/22 S
600	7/8 S	7/11 S	10/16 SW	11/17 SW	12/18 SW	10/14 SW	10/15 S
300	0/5 SE	2/9 S	5/15 S	4/15 SW	2/14 SW	1/11 SW	2/12 SW
Glen	1/3 E	2/6 SW	4/9 SW	6/12 SW	4/10 W	2/7 S	3/6 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	12/10	13/11	15/13	16/14	16/14	17/13	17/12
900	12/11	14/12	16/14	17/15	17/14	17/14	17/13
600	14/13	16/15	18/16	19/17	18/17	18/16	18/16
300	15/16	18/18	21/21	22/23	21/22	18/19	18/18
Glen	17/18	20/21	22/23	23/24	22/22	19/20	17/18
Freezing Level*	3400m	3500m	3200m	3100m	3600m	3600m	3600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
High risk of sunburn, dehydration and heat exhaustion.

Forecast for Tuesday 19 Jul 2022
Weather: Dry with sunny spells for much of the day, though some thicker high cloud for a time. Even warmer than Monday, maintaining the same heat hazards mentioned above. Later in the afternoon and evening becoming cloudy with some rain, heavy at times, the outside chance of thunder, and some hill fog developing.

Maximum wind: South or southeast 20 gusts 30mph, turning westerly in the evening.

Chance of cloud-free hill tops above 800m: 100%, falling 30% in the evening

Low cloud and visibility: Good visibility with no low cloud until late afternoon then cloud lowering to 450-600m with hill fog, and poor visibility in heavier rain.

Temperature: **Glens:** 18 Celsius at dawn rising to an exceptional 29 Celsius in the afternoon, dropping to 18 in the evening.
At 800m: 19 Celsius rising to 21 Celsius, falling to 13 Celsius during the evening.
Freezing level: Above the summits.

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